



Pre-Consult Items to Review

My Story

You are wondering how I got into this... and why I am so passionate about helping people. Ready my story to learn more, as I do find this critical to understand the place of vulnerability and action that I have come from.

<https://omegalongevity.com/about-jason/>

Bioregulators

Most Americans are 3 years older on their biological age than their chronological age (in other words, most 40-year-olds have the biological/metabolic age of a 43-year-old). This is mostly due to the EMF's, radiation, cell towers, processed foods, sugars, stress, emotions, and so much more that our bodies deal with that they didn't deal with 100 years ago.

One of our clients started in March 2024 at the age of 52. Before starting his protocol, his biological age was measured to be 56-years-old.

His initial goal with peptides was to help him achieve his dream of reaching 180 lbs. He had already spent the last 2 years changing his lifestyle, diet, and getting his hormones optimized and lost 80 lbs. from 280 lbs. to 200 lbs. This is an amazing success story in and of itself! However, he reached a plateau and couldn't get under 200 lbs.

His goal w/ his Omega Longevity protocol was to help him with anti-aging and to lose those 20 lbs. and become leaner. This was March 2024, and he wanted to reach 180 lbs. by the end of 2024.

Long story short, as of 6/8/2024, he reached his end-of-year goal and weighed 179 lbs. BUT – that is a SMALL part of his win. His biggest win... His Biological/Metabolic age was reduced from age 56 to age 47... a 9 year anti-aging gain in longevity in only 90 days!

Bioregulator Peptides are already becoming the future of anti-aging. Watch this video before our meeting and prepare for your mind to be blown! This is crucial to understand the anti-aging / longevity component of what we can do!

<https://youtu.be/G2Y25Mb47Zo?si=5a7FWUsvAfXqmUcD>

Tesofensine

There is a “Top 5 Biohacker Favorite” modality called Tesofensine that comes in a capsule. We may or may not recommend this to you, as it depends on your goals, aggressive scale and budget. We also have figured out a way to include this in protocols to where 1 bottle will last the full 90 days, but still get great benefits and results. Here are the details on Tesofensine:

Mechanism of Action

- **Reuptake Inhibition:** Inhibits reuptake of serotonin, noradrenaline, and dopamine.
- **Neurotransmitter Activity:** Increases neurotransmitter activity in the brain.
- **Appetite and Satiety:** Leads to reduced appetite and enhanced satiety.
- **Hunger Regulation:** Targets multiple pathways involved in hunger regulation.
- **Mood and Cognition:** Potentially affects mood and cognitive functions due to neurotransmitter modulation.
- **Triple Inhibition:** Distinguishes itself from other weight loss drugs by its triple reuptake inhibition.
- **Metabolic Health:** May indirectly improve metabolic health through weight loss.
- **Multi-faceted Treatment:** Represents a multi-faceted approach to treating obesity.
- **Benefits Beyond Weight Loss:** Could offer benefits beyond weight loss due to its unique mechanism.

Benefits of Tesofensine

1 Weight Reduction

Significantly reduces body weight in obese individuals.

2 Satiety Enhancement

Enhances satiety and reduces appetite, aiding in weight management.

3 Cognitive Potential

Potential cognitive enhancements due to neurotransmitter modulation.

4 Metabolic Improvement

May indirectly improve metabolic markers like blood sugar and cholesterol.

5 Cardiovascular Health

May have positive effects on cardiovascular health.

6 Neuroprotective Properties

May have neuroprotective properties that benefit brain health.

7 Blood Pressure Control

May help control blood pressure in individuals with hypertension.

8 Anti-Inflammatory Effects

May have anti-inflammatory effects that benefit overall health.

9 Blood Glucose Control

May help control blood glucose levels and reduce risk of type 2 diabetes.

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Improved Sleep

May improve sleep quality and duration.

The following is a newsletter copy from one of my mentors about how appetite suppression peptides are not just for obese people but how some people will use them to help cut from 10% body fat to 7% body fat, for example... Read it if you have time and want to learn, otherwise disregard it... it's not important for the protocol to read it like the above information is.

This came from one of my mentor's, Hunter... (former D1 college FB player, lost his testes function in a career ending injury and has rebuilt his health through via both the healing power of peptides and hormone optimization)...

A Glimpse into a New Fitness Era

When I first dove into fitness, "lean gains" was all the rage. Not just Martin Berkhan's protocol, but the concept itself: gaining muscle while losing fat, or "recomping."

Like many, I soon realized how tough recomping is. It might work briefly for total newbies, but eventually, everyone must choose between muscle gain and fat loss phases. The cycle repeats until you reach your desired physique.

Enter a New Era:

Meet Taylor from our VIP Mastermind. Last summer, he cut down to 7% body fat. Over winter, he crept up to 15%. As summer approached, he slimmed down to 8% body fat and gained a pound of muscle—simultaneously!

This is just the start. We're entering a world where once-impossible fitness goals become reality. New GLP-1 agonists in development promise appetite suppression, behavior modification, and enhanced muscle growth.

Expect science-fiction-level body transformations in the near future. And you won't hear about it from your doctor or mainstream fitness influencers.